

# **ATLAS VALLEY COUNTRY CLUB 2017 SWIM TEAM PRACTICES AND MEET SCHEDULE**

Atlas Valley Swim Team  
2017 Season Practice Times  
Pool Opens: SATURDAY, MAY 27, 2017

Afternoon Practices begin: **WEDNESDAY, May 31, 2017**  
Monday Through Friday Practices Only  
Intermediate & Beginner Practices (12 & Under): 5pm-6pm  
Advanced Practice (13 and Over): 6pm-7pm

## **MORNING PRACTICES BEGINS –THURSDAY, JUNE 15, 2017**

8:00am-10:00am – Advanced  
10:00am-11:30am—Intermediate/Beginner  
Friday Practices (To allow for Junior Golf) All Age Groups: 10:45am

**MOCK SWIM MEET: FRIDAY, JUNE 9, 2017 @ 5:30pm**  
COOK OUT DURING SWIM MEET!

**Coach Command will determine your child's practice session. If you have any questions or concerns, please feel free to talk to him.**

**Please have your swimmer(s) arrive in plenty of time to be ready to START practice at the time indicated. If they need to change and/or stretch before practice, please plan accordingly. No swimmers will be allowed on deck during their practice time if they are not ready and willing to swim. If your swimmer is not in the water during practice they will be asked to leave. Coaches will not be responsible for swimmers not in the water.**

**The decision to cancel a practice due to inclement weather will not generally be made until Coach Command arrives at the club. Practice will be held in the rain, but never if there is thunder or lightning.**

**Please inform Coach Command as soon as you can if your swimmer(s) will be swimming in a meet or not. There will be a check off list at all practices. If you did not sign your swimmer(s) up for a meet, but want to show up, it is easy to add swimmers to the line up. If you signed up for a meet and plans change on the day of the meet, PLEASE CALL COACH COMMAND at the club or at home to let him know. Taking swimmers out of the lineup is not as easy. You can sign your swimmers up-for all meets at the beginning of the season, or do soon a week to week basis.**

**A family file box will be located at the pool. Please have your child check your family file on a daily basis for important information. Ribbons will also be distributed in the box following the meets.**

# **SWIM MEET SCHEDULE**

**Warm ups begin @ 4:15pm Meets start at 5pm**

Thursday, June 15 - (H) Elks Club  
Tuesday, June 20 - (A) Flint Golf Club  
Thursday, June 22 - (A) FSRC  
Tuesday, June 27 - (H) Genesys  
Thursday, June 29 - (A) Spring Meadows  
Tuesday, July 11 - (A) Davison  
Thursday, July 13 - (H) Warwick

Carbo Load Dinner: Friday, July 21, 2017 at 6:00pm at the Pool.  
Spaghetti, Rolls and paper goods are supplied by Atlas Valley.

Interclub Championship: Saturday, July 22rd @ Flint Golf Club

**\*\*PLEASE JOIN US ON THE LAWN OUTSIDE THE POOL  
FOR A COOK OUT DURING ALL HOME SWIM MEETS!**

Cookouts will be held rain permitting!